

# 2017

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www.aamesaaz.org*

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If you are looking for  
something to criticize  
in this newsletter you  
will probably find it.  
We aim to please  
everyone!

# NO BOOZE NEWS

**6th Step Were entirely ready to have God remove all these defects of character.**

I HAVE attacked Step Six many times. It has attacked me in return. We have had open warfare, and we have had moratoriums. For periods of time, I have purposely ignored this Step. Often, I have stated that it did not make sense to me.

The battle began some years back, when I regularly attended Step-discussion meetings. I had done my best on the first five Steps, I thought. I had even made a written list of all my defects. They counted up to twenty-seven.

Following the example of an old-timer friend of mine, whose quality of sobriety I admired, I printed, in ink, each one of my separate defects on a white poker chip. Then all twenty-seven chips went into a small, fat, yellow pitcher. Every morning on awaking, I plunged my hand into it (like picking a number from a goldfish bowl) and came up with the "chip for today." The defect might be anger, fear, pride, resentment, gossip, snobbery, self-pity, and so on, but whichever one it was had to be concentrated upon for the next 24 hours, and either reduced to a minimum or cast away.

It was a kind of game. I enjoyed wrestling with one "defect" a day. I felt I was making progress, really working the AA program. It hadn't yet occurred to me that I had gone overboard on this "defect" business. Twenty-seven indeed! How is that for the "pride" defect? Of course, most of them were not serious flaws of character, such as the inability to be honest with oneself. Most were bad habits possessed, in some degree, by most humans.

Nevertheless, I kept up this game for two or three years, telling many AA friends about it and urging them to go and do likewise. I explained that, although the Step suggested that God would remove these defects when and if I became ready to let go of them, I was of the school that believed in the saying "Pray for potatoes, but reach for the hoe." I did ask my Higher Power to lend a hand on the day's defect I happened to confront, but I felt that He expected me to use energy on rooting it out of my character.

Still, these dozens of defects I had laid claim to kept cropping up again and again, over and over. It seemed that the harder I fought them, the harder they fought back. I became quite discouraged. I decided I had been willing, I had tried, and I would now let Number Six, and myself, have a vacation. I put the little yellow pitcher on a shelf behind some books and only now and then dipped into it. I kept busy and active in AA; I felt comfortable being sober; I was trying to practice the AA principles in all my affairs. Then, out of nowhere, came a deep resentment toward an AA friend. I agonized over it, prayed over it, but discussed it with no one. I had insomnia, indigestion, and fatigue. (Any good doctor can tell you that negative emotions make people physically ill.)

Fortunately, just about that time our group was slated for discussion of Step Six. I opened my copy of *Twelve Steps and Twelve Traditions* and read the Step all the way through. Although I had read it many times before, it seemed as if I saw its meaning for the first time. I gathered that, instead of fighting mightily against a defect, I had to let go of it. Just simply open up my hands, my heart, and my mind and say to my Higher Power. "Here it is, this defect. I give it to you. Please remove it from me." In this case, it was the bitter and destructive resentment that I wished to be rid of. And so it happened. It faded away and never returned.

Since then, I have followed the same procedure on other serious emotional problems, with the same result. I just have to keep in mind that if I am not 100 percent sincere in my willingness to be rid of the problem, the procedure won't work. I have come to realize that Step Six means exactly what it says. No more, no less. When, and if, I become ready to have painful, inhibiting, or long-standing flaws removed, they will be. Not always permanently, not all of them. But if and when they return, they will be weaker and much easier to let go of. As for all those bad habits I once listed as defects, I am trying to arrest them a day at a time, as I do my alcoholism.

A little progress has been made on pride. I can now admit that most of my troubles stem from one large and glaring defect: self-centeredness. For how can I wallow in self-pity, weep over resentments, be sick with righteous anger, ache with envy, tense up with fears and anxieties unless all my thoughts are exclusively on poor me?

A long time ago, a very wise man, Marcus Aurelius, wrote: "A man's life is what his thoughts make it." Through Step Six, I have learned how true this is. I may never comprehend it fully, yet I know its value to me. It calls forth the most precious asset any recovering alcoholic can have: the willingness to get out of the driver's seat, to stop trying to run the show. I need to keep the Sixth Step message of letting go and letting God in my own thoughts at all times.

-- F. C.

Manhattan, New York

Reprinted with permission of the Grapevine, September 1970

## Arizona Area 03 Group History Form

City: \_\_\_\_\_, \_\_\_\_\_

Prepared by: \_\_\_\_\_ Date: \_\_\_\_\_

### Group History

Name of Group: \_\_\_\_\_

Previous Name(s) – if any: \_\_\_\_\_

Date Founded: \_\_\_\_\_ Founders: \_\_\_\_\_

Early Members: \_\_\_\_\_

Why was the group started? (Offshoot of a larger group, a 'split', or simply a need?) \_\_\_\_\_

Place of first meeting: \_\_\_\_\_

Times and types of early meetings: \_\_\_\_\_

Current meeting (type and time): \_\_\_\_\_

Present membership number: \_\_\_\_\_ Number of group moves (if any): \_\_\_\_\_

Where, when and why did the group move: \_\_\_\_\_

**Historically speaking:** List notes about the founders, memory lane items, "spirited discussion" topics, etc. – (especially humorous, anecdotal incidents): \_\_\_\_\_

Use extra paper if you wish, and it would be appreciated if the person preparing the history would include their phone number and/or address for extra/follow-up, if necessary. Keep a copy for your group's archives AND send a copy to your local Intergroup. THANK YOU!

Send this form to: AZ Area 03 Archivist, 8448 W. Sanna St., Peoria, AZ 85345

We would love to publish your group history in the No Booze News! This form can be found on the Area 03 website at [area03.org](http://area03.org) under Area 03 Committees, Archivists Corner. Please feel free to use this form and send to me, my contact information is on the back page of this newsletter. Another good source for group history questions can be found on the AA Website: [aa.org](http://aa.org), Researching A.A. Group History. G.S.O.'s Archives Department can be contacted via their portal on the website or by calling (212) 870-3400. We hope to hear from you! Bev W., ed.



## Traditions Checklist

**Tradition Six:** An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?

2. Is it good for a group to lease a small building?

3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?

4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?

5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?



## EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



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## Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

### EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: [info@aamesaaz.org](mailto:info@aamesaaz.org)

[www.aamesaaz.org](http://www.aamesaaz.org)

Date \_\_\_\_\_ \*First Name \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*ST \_\_\_\_\_ \*Zip \_\_\_\_\_ \*Gender \_\_\_\_\_

\*Sobriety Date \_\_\_\_\_ Home Group \_\_\_\_\_

e-mail address \_\_\_\_\_ Alt Phone \_\_\_\_\_

\* = required for listing in 12<sup>th</sup> Step List

☐ No Booze News Subscription / Renewal (\$12.00 annual subscription fee enclosed)

#### Volunteer Service Options

*Check only those you are willing to commit time to*

##### 12<sup>th</sup> Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

##### Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

#### Committees of Interest

*Check only those you are willing to serve on*

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



**ROUNDUPS, CAMPOUTS AND CONFERENCES**

**FLAGSTAFF ROUNDUP**

JUNE 1 ~ 4  
MORMON LAKE  
FLAGSTAFF AZ



**SEDONA ROUNDUP**

JUNE 9 ~ 11  
CHAVEZ CROSSING CAMPGROUND  
OAK CREEK CLIFFS DR.  
SEDONA AZ

**PRESCOTT SHOESTRING ROUNDUP**

JULY 15 ~ 17  
3000 SPENCE RD.  
EMMANUEL PINES CAMP  
PRESCOTT AZ

**LEWIS CANYON CAMPOUT**

JULY 28 ~ 30  
LEWIS CANYON GROUP CAMPSITE  
SHOW LOW AZ

**PRESCOTT A.A. CONVENTION**

AUGUST 11 ~ 13  
PRESCOTT RESORT AND CASINO  
PRESCOTT AZ

**ASCYPAA 2017**

JUNE 30th ~ July 2nd  
880 E 2nd St. TUCSON AZ  
TUCSON MARRIOTT AT UNIVERSITY PARK

**2nd Annual AA Statewide Women's Conference**

Prescott Resort and Conference Center  
July 7—July 9, 2017  
\$50 after March 1

**2017 EVI BOWL-A-THON**

Saturday August 5th, 2017  
3pm to 5pm  
AMF Mesa Lanes  
2115 E Southern Ave. Mesa AZ  
\$20 per person  
Includes shoe rental and 2 hours of bowling.  
Tickets on sale thru your Intergroup Representative  
or at Central Office.

**Valley of the Sun**

**Founder's Day 2017**

10am to 5pm, Saturday June 10

2121 S Rural Rd. Tempe AZ  
(Our Lady of Mt. Carmel)

Come enjoy speaker, panels and a free lunch.

 **Happy  
Father's  
Day!** 

**Area 03 August Assembly**

August 18 ~ 20, 2017  
AZ Golf Resort and Convention Center  
425 S Power Rd. Mesa AZ

**Area 03 State Convention**

September 29th - OCT. 1st, 2017  
Prescott Resort & Conference Center  
1500 E. State Route 69 Prescott, AZ 86301



Name	Date	Days
Alcoholics Anonymous	6/10/1935	29951
Ralph H.	6/24/1974	15706
George K.	6/17/1976	14975
Sandy H.	6/1/1985	11688
Rodier D.	6/8/1986	11323
Kim W.	6/4/1987	10958
Joe H.	6/6/1990	9862
Steve D.	6/10/1990	9862
Andrew L.	6/2/1995	8036
Ken C.	6/2/1998	6940
Angela M.	6/21/2000	6209
Stacey S.	6/7/2001	5844
Tom T.	6/1/2003	5114
Nicole K.	6/6/2003	5114
Bill B.	6/1/2004	4748
Timothy Q.	6/1/2004	4748
Michael M.	6/1/2005	4383
Segrid S.	6/28/2005	4383
Jenee K.	6/29/2006	4018
Emily B.	6/5/2007	3653
Ian T.	6/2/2008	3287
Mike F.	6/5/2008	3287
Terri O.	6/8/2008	3287
Melissa N.	6/19/2008	3287
Kevin L.	6/22/2008	3287
Adrienne F.	6/18/2009	2922
Ross S.	6/30/2010	2557
Jeff P.	6/4/2012	1826
Larry J.	6/9/2012	1826
Courtney C.	6/19/2012	1826
Shawn R.	6/6/2013	1461

## Happy Birthday Alcoholics Anonymous

**LXXXII**



### Things We Can Not Change

*Bill S. from Casa Grande was a long time member of our fellowship with over 44 years of sobriety. He passed from this world April thirteenth, 2017.*

*His life touched many and he will be missed.*

## Tradition Six: Enthusiasm Unbounded

I was a little over a year sober when I began answering phones with my sponsor at our local intergroup. During one shift, he overheard a conversation in which I waxed poetic about the virtues of AA and then tried to help the caller with other problems. After the call, he calmly asked, "Have you ever read the Traditions in the 'Twelve and Twelve?'"

My only exposure to the Traditions had been grumbling attendance at a few Traditions meetings.

"No," I answered.

"Well, if you are going to do more service," he said, "you might want to read about them. They're kind of . . . important."

Although I was insulted and defensive--my first reaction to many of his suggestions--I realized that he had about twenty more years of experience than I, so I'd better take the suggestion.

I'm so glad I did. I loved reading about the trials, errors, and misadventures that the early AAs had while developing the Traditions that guide our Fellowship today. I realized that early AAs were just as fallible and, occasionally, as misguided as anyone else. But, by returning to a primary purpose, obstacles could be overcome, and the Fellowship would survive.

As I've continued to do service at the group level and beyond, I've witnessed how our Traditions help the Fellowship navigate through all sorts of situations. It's not always pretty, either, so I really started to appreciate the wisdom that came from the experience of those in the early days.

One Tradition that I've grown grateful for is the Sixth Tradition. At first, it took me a while to see how a Tradition that deals with specific issues--money, endorsement, lending out the AA name--could apply to my own recovery. But the more service I've done over the years, the more I've come to realize how this Tradition really helps our Fellowship to keep it simple.

For a number of years, I took an AA meeting into a detox every other Friday night. The detox is part of a hospital and is run, like many hospital detoxes, by a trained, professional staff.

Early on in my commitment, a patient showed up after the meeting started. She apologized profusely and began telling me why she was late. I realized that because I was leading the meeting, some detox patients might assume that I work for the hospital.

I told her that I appreciated the apology, but it wasn't necessary. From that point on, I made sure I explained, at the beginning of each meeting, that I was neither a member of the hospital staff, nor a professional in the field of alcoholism treatment. I told them that I was simply a drunk, just like them, who found a solution in Alcoholics Anonymous. The speaker and I were there to share our experience in the hopes that it might help another alcoholic--we wanted to give back what had been so freely given to us. We had nothing to do with the hospital, we weren't there to enforce any rules, make money, or sell anything. I found it helpful to make this clear from the beginning, both for the patients and for myself. It helped define the meeting's primary purpose, and it also, perhaps, made it easier for the patients in the detox to see me as a peer, not as a counselor or a doctor.

In my own recovery, Tradition Six reminds me not to overstep my bounds. As my sponsor witnessed that day at intergroup, there are times I get excited and try to fix things I have no business fixing. Whether I'm answering phones, talking to a newcomer at a meeting, or working with a sponsee, my only purpose is to share my experience, strength, and hope, and to carry the message to the alcoholic who still suffers. There are plenty of competent professionals, more qualified than I, who can handle everything else.

-- John G.

New York, New York Reprinted with permission of the Grapevine, June 2006



**PI / CPC**

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

Paul P.

**EVI Phone Workshop**

Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

**Workshops can also be done at your Group !**

For more information

Contact Beth H

**EVI Sponsorship Workshop**

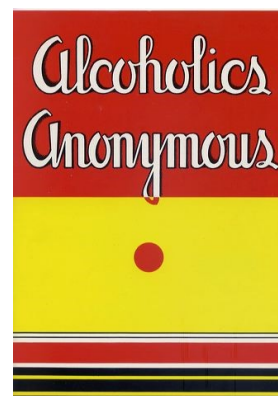
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

**July 1 - Reawakening Group**

Join the Newly Re-Organized

**EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

Contact Larry S.

**EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N Dobson Rd Chandler

contact: Deana E.

**EVI Monthly Speaker Meeting***1st Friday of Every Month***Meeting Now At 7:30pm**

Antioch Community Church

1125 North Dobson Road, Chandler

**June 2nd - SASTO**

July 7th - Easy Does It

These are subject to change - so keep watching.

Office Volunteers &  
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.

**\*\*\* Fill In shifts available now\*\*\***

# Central Office Manager's Report

May 19, 2017

April activity was a little slower as our winter members are migrating to their summer homes. We received 475 requests for information and assistance last month. Of those 113 calls were for meeting info and 139 were office visitors. Our website stays busy too. It had 44,630 visits in the last 30 days and the most popular page on the site is the meeting list. And Google reports 3,413 views on our profile, 1260 mapped our location, 44 asked for directions and 2 people left 5 star reviews.

We have filed our annual report with the AZ Corporation Commission for East Valley Intergroup Inc. So, just a reminder for you groups that are incorporated, now is the time to file.

We received notice from Holiday Inn that our credit card information was likely compromised in a recent hack to their system. No unauthorized charges had been made to our account, yet. I have contacted our VISA provider and had them reissue a new card and account number.

The office managers from Salt River and Agua Fria Intergroups and I were able to find time to have lunch this month. It is not easy to find a day we are all available. Everything seems to be going well for all of us. We discussed other possible locations for the 2019 Office Managers Seminar as well as other common issues.

Please discuss with your group the service opportunities that are available thru your East Valley Intergroup. Answer the A.A. hotline, go on an old fashioned 12 step call, take a meeting to a home bound member, share information about A.A. with the public and professional community, help put on an event, print and fold directories and newsletters or take a shift at the office. These are just a few of the services we provide and it takes hundreds of volunteers. Please take some Gratitude with Service forms back to your group and encourage them to volunteer. The life you save may be your own.

In the spirit of Tradition Eight,

Love and Service

Kim W. Central Office Manager

## EVI CENTRAL OFFICE ACTIVITY

..... April .....	2017
Meeting Information Calls .....	113 ..... 420
General Information .....	96 ..... 385
Referred to Salt River Intergroup ..	11 ..... 49
Referred to Al-Anon.....	15 ..... 59
Referred to Community Info.....	1 ..... 6
12th Step Calls.....	11 ..... 37
Business Calls.....	89 ..... 392
Office Visitors.....	139 ..... 560
Meeting lists printed.....	800 ..... 2800
Info request via E-mail.....	45 ..... 213
Desk Volunteers-Reg/Sub/None.....	30/ 6/ 5
Desk Volunteers-Reg HRS YTD.....	800hrs

### Web Stats

Website Visits last 30 days 44,630 YTD 176,322  
Google Searches last 30 days 3,413

## Meeting List Updates...

### New Meetings:

We Agnostics	4415 S Rural Rd. Tempe (Pigeon Coop)	SA 9:00a O
Get It Together	393 W Warner Rd. Chandler	Daily 3:00p N,O
Keepin It Real	5946 E University Dr. Mesa	FR 10:00a W,O
TNT - Twelve and Twelve	15303 S Gilbert Rd. Gilbert	TH 7:00p T,O
A Happy Gathering	20913 E Ocotillo Rd. Queen Creek	MO 6:00p W,O
Women's BB Discussion	25601 S Sun Lakes Blvd	TU 11:00a W,BB,C

### Changes:

Step By Step 145 E 1st Ave. Mesa Sa women's meeting is now 1 hour

### Deletions:

Road To Recovery 5640 E Main St. Mesa FR & WE 6:45p

*East Valley Intergroup*  
1320 E. Broadway Rd. # 105  
Mesa, AZ 85204

*General Service Office*  
PO Box 459, Grand Central Station  
New York, NY 10163

*Area 03 Treasurer*  
PO Box 21612  
Mesa, AZ 85277

*District 08-818*  
PO Box 12044  
Tempe, AZ 85284

*District 08-819*  
PO Box 594  
Mesa, AZ 85211

*District 08-820*  
PO Box 20404  
Mesa, AZ 85277

*District 08 (Maricopa County)*  
PO Box 45066  
Phoenix, AZ 85064

*Valleywide H & I*  
PO Box 80126  
Phoenix, AZ 85060

### Example of Group Contributions to A.A.

#### Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

# GROUP CONTRIBUTIONS



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GROUP	April	YTD
11th Step Candlelight .....	\$100.00	\$100.00
12 X 12 @ 12 .....		\$0.00
2121 Beginner Workshop .....		\$500.00
24 Hours A Day .....		\$0.00
A Vision For You Group .....	\$111.00	\$111.00
ABC Group .....		\$0.00
AHA! It's Monday .....	\$50.00	\$100.00
Ahwatukee Daybreak Serenity .....		\$0.00
Ahwatukee Group .....		\$310.91
Ahwatukee Nooners .....		\$0.00
Ahwatukee Saturday Men's .....		\$0.00
Ahwatukee Women's Group .....		\$0.00
Arbor Daily Noon Group .....		\$300.00
ASCYPAA .....		\$0.00
As You Wake Up .....		\$0.00
Attitude Adjustment CG .....		\$30.00
Attitude of Gratitude .....		\$0.00
Basic II .....		\$0.00
Before Breakfast Group .....		\$0.00
Bloopers .....	\$60.00	\$90.00
Bootstrap Men's .....		\$0.00
Breakfast Club .....	\$150.00	\$150.00
Busted Ego .....		\$240.00
By The Book .....		\$88.91
Chandler Men's Stag Group .....		\$0.00
Chandler Noon Group .....	\$110.00	\$404.00
Chandler Women's Big Book Group .....	\$118.96	\$534.64
Cold Coffee Group .....		\$0.00
Common Solution .....		\$0.00
Copper Basin Group .....	\$135.44	\$189.82
Courage To Change .....		\$0.00
Daily Reflections Group .....		\$75.00
Day At A Timers .....		\$0.00
East Valley Men's Stag .....	\$250.00	\$550.00
Easy Does It Group .....	\$88.87	\$355.48
Experience, Strength and Hope .....		\$0.00
Eye Opener Group .....	\$100.00	\$100.00
Family Recovery Group .....		\$0.00
Feelings & Solutions .....		\$0.00
Firehouse Meeting .....		\$30.00
Friday Night Big Book Study .....		\$0.00
Friends Of Bill W. ....		\$0.00
Get It Together .....	\$159.30	\$986.77
Gilbert Gals .....		\$245.00
Gilbert Group .....		\$0.00
Gold Canyon 12 X 12 Group .....		\$0.00
Good Ol' Back to Basics .....		\$0.00
Grateful Dames .....		\$0.00
Gratitude Group .....	\$233.00	\$233.00
Cut Level .....		\$41.40
Happy Hour @ Sunbird .....		\$154.25
Heard It Thru The Grapevine .....		\$100.00
Into Action .....		\$0.00
Inwardly Reorganized .....		\$0.00
Keep It Simple .....		\$0.00
Keepin It Real Ladies .....		\$533.00
Life In The Big Book .....	\$264.62	\$492.32
Maricopa 12 X 12 .....		\$20.00
Maricopa Group .....		\$0.00
Mesa Group .....		\$0.00
Mid-Morning Group .....		\$0.00
Morning After Group .....		\$200.00
Name In The Hat .....		\$400.00
New Beginnings .....		\$265.00
New Hope Group .....	\$10.00	\$20.00
New Spirit Group .....	\$300.00	\$300.00
No Name AA Group .....		\$0.00
Not A Glum Lot .....		\$165.00
Page A Day Group .....	\$1,027.64	\$2,166.64

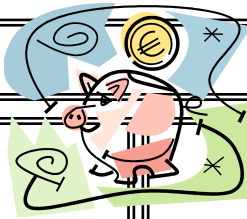
GROUP	April	YTD
Pioneer Group .....		\$100.00
Price Is Right .....		\$0.00
Primary Purpose BB Study .....		\$0.00
Primary Purpose Group .....	\$267.00	\$267.00
Prime Time .....	\$10.00	\$45.00
Progress Rather Than Perfection .....		\$0.00
Puttin' Sober East .....		\$0.00
Putting God First .....		\$700.00
Queen Creek BB Study Group .....		\$0.00
Re-Awakening Group .....		\$0.00
Remember When .....		\$180.00
Renewed Spirit .....		\$300.00
Right Place Women's .....		\$0.00
Rising Spirit .....	\$176.71	\$494.83
Road To Recovery .....	\$644.75	\$3,155.26
Second Chance Group .....		\$294.00
Seniors In Sobriety-Tempe .....		\$150.00
Serenity At Six .....		\$0.00
Shade Tree .....		\$0.00
Sisterhood Of Solutions .....		\$0.00
Sobriety is Gold .....		\$100.00
Sobriety Rocks .....		\$168.00
Society Group .....	\$500.00	\$500.00
Solutions Group .....		\$0.00
Some Are Sicker Than Others .....		\$0.00
Southeast Valley Stag .....		\$0.00
Spirited Women .....		\$137.50
Step By Step Group .....		\$0.00
Stepping Stones .....		\$217.00
Sunday Morning Women .....		\$0.00
Sunday Night BB Step Study .....		\$379.06
Sunland Serenity Seekers .....	\$51.50	\$186.50
Sunset Group .....		\$50.00
Tempe Group .....	\$100.00	\$100.00
Tempe High Noon .....		\$0.00
Tempe Nooners .....	\$25.00	\$125.00
Tempe Sunrises .....		\$0.00
Tempe Young People .....		\$495.00
The Library .....		\$0.00
The Real Thing .....		\$0.00
The Way Out Group .....	\$150.00	\$450.00
This Simple Program .....		\$0.00
Thursday Night Step Group .....		\$0.00
Tuesday Night Steppin Out .....		\$50.00
Tuesday's Trudgers .....		\$0.00
Tumbleweeds Group .....		\$150.00
Upon Awakening .....		\$0.00
We Ain't Dead Yet .....		\$0.00
We Agnostics .....		\$100.00
We Can Group .....		\$0.00
Wednesday Night Step .....		\$250.00
Wednesday Night Winners .....		\$0.00
Welcome Home .....		\$100.00
West Chandler Men's .....		\$30.00
Who's Driving Your Bus? .....		\$0.00
Wolf Pack Group .....		\$150.00
Women in Gratitude .....		\$0.00
Women in Solution .....		\$200.00
Women in Touch .....		\$0.00
*Anonymous Groups .....	\$70.00	\$144.00

## OTHER GROUPS/COMMITTEES

Apache Lake Campout .....	\$116.21	\$116.21
SWACYPAA .....		\$0.00
AZ AA Womens Conference .....		\$0.00
Dist 08-820 .....		\$0.00
Mesa Round Up .....		\$0.00
<b>Group Totals .....</b>	<b>\$5,310.00</b>	<b>\$20,550.70</b>
<b>EVI Committees .....</b>	<b>\$91.00</b>	<b>\$406.63</b>
<b>Individual Contributions .....</b>	<b>\$224.00</b>	<b>\$1,125.45</b>
<b>GRAND TOTALS .....</b>	<b>\$5,625.00</b>	<b>\$22,082.78</b>

(\*Group contribution with no group name listed)





### BALANCE SHEET April 30, 2017

#### Assets

##### Current Assets

Checking	3,336.76
Prudent Reserve (Savings)	21,558.89
Accounts Receivable	1,145.65
Inventory Asset	23,229.82
Undeposited Funds	445.05

##### Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

**Total Assets** **\$49,766.17**

#### Liabilities & Equity

##### Liabilities

Accounts Payable	0.00
Visa Credit Card	967.57
Payroll taxes	86.92

**Total Liabilities** **1,054.49**

##### Equity

Opening Balance Equity	43,778.94
Retained Earnings	146.27
Net Income	4,786.47

**Total Equity** **\$48,711.68**

**Total Liability & Equity** **\$49,766.17**

### PROFIT & LOSS STATEMENT April 2017

28 Group contributions totaling	\$5,310.00
2 Individual contributions totaling	\$224.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$91.00
<b>Total Contributions</b>	<b>\$5,625.00</b>
<b>Total Income</b>	<b>\$10,829.22</b>
<b>Less total Cost Of Sales</b>	<b>\$3,955.51</b>
<b>Gross Profit</b>	<b>\$6,873.71</b>
<b>Less total Expenses of</b>	<b>\$5,583.74</b>
<b><u>Net April Gain</u></b>	<b>\$1,289.97</b>
<b><u>YTD 2017 Gain</u></b>	<b>\$4,786.47</b>

The current Prudent Reserve balance is \$21,558.89  
The Prudent Reserve has been  
established for 2017 in the amount of \$24,859.46

Please call me with any questions or comments  
regarding the financial statements.

Grateful to be of service,  
Lois L. EVI Treasurer



**Step Six~ Were entirely ready to have God remove all these defects of character.**

**Tradition Six~ An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.**

**Concept Six~ The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.**

## East Valley Intergroup Business Meeting Minutes

April 21st, 2017

**Meeting Opened by Ed at 7:00pm with Moment of Silence followed by Serenity Prayer**

**12 Traditions ready by – Jeff W.**

**INTRODUCTIONS:** *Your attendance and participation is appreciated and visitors are always welcome!*

**Intergroup Representatives:**

New Reps - Vic-Bloopers; Matt-Primary Purpose Ahwatukee; Colin-Way Out Group; Tasha (alt)-SASTO

Returning Reps- Bev & Jamie – Breakfast Club, Lloyd – By The Book, Jeff – Common Thread, Connie – CTC, Larry – EV Men's Stag, Denis – Friends of Bill, Wendy – Gilbert Group, James – Gratitude Group, Brandon – Life in BB, Peg – Not A Glum Lot, Gail – Page A Day, Cecily – Price Is Right, Mathew – Primary Purpose, Lee – Prime Time, Lucy – Sisterhood of Solutions, Peg – Spirited Women, Chuck – Stepping Stones, Tim – Sunday Afternoon Step Study, Dave – Sunset Group, John, Tempe Sunrisers, Collin – The Way Out, Troy – Tumbleweeds, Larry – Upon Awakening, Regina – Women in Gratitude, Shirley – Women in Touch.

**Committee and other Trusted Servants: (N/P = Not Present)**

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Ed B	Advisor - Unity	Jeremy V N/P	Phone Chair	Open
Vice Chair	Tom N	Office Manager	Kim	H&I Liaison	Roxanne
Treasurer	Lois L N/P	Unity Chair	Larry	Spanish Liaison	Marge
Secretary	Regan N/P	PICPC Chair	Paul	DCM 08-818	Aaron NP
Advisor Special	Steve	Special Events Chair	Deana	DCM 08-819	Paul T N/P
Advisor - PICPC	Mark	Sponsorship WkShop	Gail	DCM 08-820	Jeff N/P
Advisor - Phones	Barbara N/P	No Booze News	Bev		

**Secretary's Report:** Previous Steering Committee and Intergroup Meeting Minutes in Packet – Motion to Accept by Chuck, 2<sup>nd</sup> by Dennis. MCU.

**Treasurer's Report:** Written Report in Packet –Motion to Accept by Brad. 2<sup>nd</sup> by Chuck. MCU.

7<sup>th</sup> Tradition: \$72.00

**Chairperson's Report:** Ed B – Chaired Steering Committee meeting last week. Attended the quarterly meeting of Inter-groups. July 23<sup>rd</sup> it will be held at Bloopers from 1-3PM.

**Vice Chair's Report:** Tom N. – Written Report in Packet.

**Office Manager Report** – Kim W — Report in Packet. Please read the last paragraph of the written report to get an idea of the actual Service provided by the Intergroup Office. Service Day is May 30<sup>th</sup> at 9AM (folding newsletters).

**STANDING COMMITTEE REPORTS**

**PICPC:** Paul – Written report in Packet.

**Special Events:** Deana – Committee meets 1<sup>st</sup> Friday each month at 6:30 before the Speaker Meeting. Saturday, August 5<sup>th</sup> is the EVI Bowlathon. Tickets are available from your Intergroup Rep for \$20. It will be from 3-5PM.

**Phone Committee:** Chair stepped down. There are still open slots for June. Phone training is before the Intergroup meeting, on the third Friday of each Month. In order to answer phones one year of sobriety is required.

**Unity Committee:** Larry S. – Committee meets on 3<sup>rd</sup> Friday of each month at Antioch Church at 6:30 right before the IGR Meeting. At tonight's committee a new member signed up! Committee is always looking for new members.

**Newsletter Editor – Bev W.** – No Booze News (NBN) is available on the aamesaaz.org website! Thanks to everyone who has submitted articles!!! We are always looking for local articles, stories, jokes, and group history's, etc. from members for the No Booze New. Please call or email Bev! There is now a form available from GSO, to research your group. To see how long your group has been registered with GSO. There is also a way to research your group locally at [www.area03.org](http://www.area03.org). Or there is a local archivist that your group can contact to what she has on your group. Her email address is on the back of No Booze News.

### **LIASION REPORTS**

**Alanon Liaison:** Rosemary – There will be a speaker meeting with AA participation on 5/27/17 at St. Peters Lutheran Church in Mesa. It is a Potluck and the main dish will be provided.

**H&I Liaison:** Roxanne – The 17<sup>th</sup> Annual Corrections Conference was a huge success. Around ninety people were in attendance. There were round table discussions and great participation from the Professionals in the Corrections Community. Around 150 people attended Awareness Day on April 22<sup>nd</sup>. National Corrections Conference in St Louis MO Nov 10-12 2017. We will be voting on whether or not to send a representative from VWHI to the Conference. Approximate cost will be \$850 per person, this includes cost of flight. Men are still needed to be to carry the message to the male alcoholic in 4<sup>th</sup> avenue and lower buckeye jails. Please let me know if you have any questions or want to know how to get involved.

**Spanish Liaison** – Marge – not able to attend last Spanish IG meeting – she will be there next month

**Sub District 08-818:** -Aaron – Not Present.

**Sub District 08-819:** Brad – Conference in August.

**Sub District 08-820:** Jeff – Not Present.

### **OLD BUSINESS:**

### **NEW BUSINESS:**

None.

### **ANNOUNCEMENTS:**

Founders Day is Saturday, June 10<sup>th</sup>. Please go to [azfoundersday.org](http://azfoundersday.org) to register. It is a free event, and lunch is provided, but they would like an idea of how many will be attending.

Common Thread group is putting on a Spaghetti Dinner, Saturday, June 17<sup>th</sup>, at 5:30. Tickets are \$10.

**Group Problems & Solutions:** A member asked about what other groups do, to increase attendance if attendance has gone down. Three other members of other groups commented.

Motion to close made by somebody and 2nd seconded by everybody. MCU

**Close Meeting: 8pm-ish** with Statement of Responsibility



Three most dangerous words for an alcoholic....."I've been thinking"

I THINK THAT MANY oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA--the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance--urges quite appropriate to age seventeen--prove to be an impossible way of life when we are at age forty-seven or fifty-seven.

Since AA began, I've taken immense wallops in all these areas because of my failure to grow up, emotionally and spiritually. My God, how painful it is to keep demanding the impossible, and how very painful to discover finally, that all along we have had the cart before the horse! Then comes the final agony of seeing how awfully wrong we have been, but still finding ourselves unable to get off the emotional merry-go-round.

How to translate a right mental conviction into a right emotional result, and so into easy, happy and good living--well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy may still elude us. That's the place so many of us AA oldsters have come to. And it's a hell of a spot, literally. How shall our unconscious--from which so many of our fears, compulsions and phony aspirations still stream--be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task.

I've recently come to believe that this can be achieved. I believe so because I begin to see many benighted ones--folks like you and me--commencing to get results. Last autumn [several years back--ed], depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depressions, it wasn't a bright prospect.

I kept asking myself, "Why can't the Twelve Steps work to release depression?" By the hour, I stared at the St. Francis Prayer. . . "It's better to comfort than to be comforted." Here was the formula, all right. But why didn't it work?

Suddenly I realized what the matter was. My basic flaw had always been dependence--almost absolute dependence--on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression.

There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away.

Because I had over the years undergone a little spiritual development, the *absolute* quality of these frightful dependencies had never before been so starkly revealed. Reinforced by what Grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatsoever.

Then only could I be free to love as Francis had. Emotional and instinctual satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing, a love appropriate to each relation of life.

Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that so long as I was victimized by false dependencies.

For my dependency meant demand--a demand for the possession and control of the people and the conditions surrounding me.

While those words "absolute dependency" may look like a gimmick, they were the ones that helped to trigger my release into my present degree of stability and quietness of mind, qualities which I am now trying to consolidate by offering love to others regardless of the return to me.

This seems to be the primary healing circuit: an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the real current can't flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is.

Spiritual calculus, you say? Not a bit of it. Watch any AA of six months working with a new Twelfth Step case. If the case says "To the devil with you" the Twelfth Stepper only smiles and turns to another case. He doesn't feel frustrated or rejected. If his next case responds, and in turn starts to give love and attention to other alcoholics, yet gives none back to him, the sponsor is happy about it anyway. He still doesn't feel rejected; instead he rejoices that his one-time prospect is sober and happy. And if his next following case turns out in later time to be his best friend (or romance) then the sponsor is most joyful. But he well knows that his happiness is a by-product--the--extra dividend of giving without any demand for a return.

The really stabilizing thing for him was having and offering love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand.

In the first six months of my own sobriety, I worked hard with many alcoholics. Not a one responded. Yet this work kept me sober. It wasn't a question of those alcoholics giving me anything. My stability came out of trying to give, not out of demanding that I receive.

Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to Twelfth Step ourselves and others into emotional sobriety.

Of course I haven't offered you a really new idea--only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

—Bill W.

Letter reprinted in the Grapevine, January 1958.

*Ed. note--The Prayer of St. Francis of Assisi, twelfth century Italian friar who founded the Franciscan Order, can be found on page 99, Twelve Steps and Twelve Traditions.*



Please send us your stories,  
MAIL, EMAIL OR CALL IT IN!!



I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity.

Bev W. THANKS!